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Supporting
remote families
and their
children in far
western NSW



Tilpa

Child and Family Fun Day

The Tilpa Family Fun Day was conducted on Wednesday 31 May 2023 at the Tilpa Community Hall.

The relaxed and fun filled day was designed to:

- Connect Children, families, and community members with Hearing Australia, Fiona Taylor Tailored First Aid and the Bourke and District Children's Services.
- Provide avenues for children and adults to access hearing health checks and engage in Practical First Aid session, options to obtain a First Aid Certificate, in addition to and early childhood activities.
- Create opportunities to connect isolated children, their families and community members with others in the region, to further build a sense of community and belonging.
- Promote a range of support services and facilitate links to build families knowledge of services and programs available to them.
- Provide opportunities to listen to the needs and issues impacting on regional isolated children, families, and communities, consider ways to further adapt programs to respond to families' requirements, and communicate these as appropriate to policy makers.



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Key Outcomes

1. Event coordinated in partnership with RFDS SE (Mental Health team), Tilpa progress Association, Hearing Australia, Fiona Taylor – Tailored First Aid, and Bourke and District Children's Services-Mobile.
2. The day was conducted from 9.15am to 2.00pm at the Tilpa Community Hall to complement a regular Royal Flying Doctor Service SE Clinic (RFDS SE) located in the immediate area, thus enabling an ability for participants to attend both the day's activities and the clinic as required.
3. Although Bourke and District Mobile Children's Service attended the children's activities did not proceed. The one older child that attended on the day, was an active participant in the practical first aid discussions and related practical components.



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4. Although early childhood activities were not provided by Bourke and District Children's Services – Mobile, this service remains available and committed to the Tilpa region as required in future times.
5. Fiona Taylor from Tailored First Aid completed competency checks with individuals that had pre enrolled to obtain their First Aid Certificate 9.30 am to 1 pm.
6. Fiona provided practical first aid interactive information session with opportunities to ask questions, practice CPR and other first aid techniques. Topics covered include appropriate responses to temperature stress (hot and cold), stroke, snake bites, bleeding, fractures, burns, eye and spinal injuries, asthma, anaphylaxis, choking, applying CPR – DRSABCD and using a defibrillator.
7. Karen Rae from Hearing Australia set up in the Tilpa Royal Flying Doctor Service South Eastern section (RFDS SE) Clinic providing hearing health checks throughout the event.
8. The ability to meet Hearing Australia representatives, and access preliminary Hearing screening services was appreciated by all in attendance.
9. Follow-on hearing appraisal immediate actions were enacted as required for some attendees including recommendations for follow up appointments/referrals for medical interventions or audio metrist assessments.
10. Due to illness and other impacts, attendance on the day was much lower than anticipated. An estimated 16 people inclusive of one child, families, community members and agency representatives were in attendance during the day. (Based on attendance sign-in sheet and progressive counts during the day).



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11. Positive feedback received from attendees valuing the opportunity to come together for a relaxed and informative day and to have access to the specialised skills that were made available at the event.
12. Delicious morning teas and the luncheon catering supplied by Tilpa Progress Association.
13. Accommodation provided via the Tilpa Hotel for Contact, Hearing Australia, and Fiona Taylor.
14. Six (6) Agencies were represented in the day – Tilpa Progress Association, Bourke and District Children’s Services - Mobile, RFDS SE, Hearing Australia, Tailored First and Contact Inc.
15. This event was made possible through the support of Hearing Australia, The Foundation for Rural and Regional Renewal (FRRR) Tackling Tough Times Together grant, NSW State Government through Ministry of Health, and the donated travel assistance by Martin Daniell. Contact and RFDS SE acknowledge in appreciation this assistance.



Thank you sincerely to all involved for your valued support throughout that greatly contributed towards these positive results for children, families, and community members from the Tilpa region.

